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Dr. Leslie Hammer Bio

Dr. Leslie Hammer is a Professor in the Oregon Institute of Occupational Health Sciences at Oregon Health & Science University. She also is Co-Director of the Oregon Healthy Workforce Center, one of six Total Worker Health® centers of excellence funded by the National Institute for Occupational Safety and Health (NIOSH). Dr. Hammer is a leading expert on the health effects of supportive supervision at work, and on the health consequences of work-family conflict. She has extensive experience in designing, implementing, and evaluating supervisor training. Her research focuses on ways in which organizations can help reduce work and family stress and improve positive spillover into nonwork life by facilitating both formal and informal workplace supports.